



Matrix College CPD Event

Too Hot to Handle?

A workshop for therapists about Sex and Sexuality by Fiona Paul

Saturday 19th January 2019

Talking to clients about sex can be difficult and embarrassing – but ignoring it can mean ignoring a vital part of the client's self. This workshop is designed to give you confidence and skills to talk about issues surrounding sex and sexuality in the counselling room.

By the end of the day you will:

- Have examined your own beliefs about sex and the impact they may have in your practice
- Have raised your awareness of issues surrounding sexual expression
- Have had an opportunity (using role play) to practice talking to clients about sex
- Have a simple model to help clients who are experiencing sexual difficulties
- Understand the difference between sexual issues and sexual dysfunction
- Identify when sexual behaviour becomes addictive
- Know when to refer to a psychosexual therapist

Biography

Fiona Paul is a UKCP registered Integrative Psychotherapist and Psychosexual Therapist. She works in private practice seeing individuals and couples for psychotherapy, couple counselling and psychosexual therapy. She has specialised in working with clients who have out of control sexual behaviours and has run a psycho-educational recovery course for sex addicts. She is the Director of Matrix College of Counselling and Psychotherapy.

The Venue:

Matrix College, 6 Griffin Court, Wymondham Norfolk NR18 0GU

Timings:

10.00 am to 5.00 pm

Refreshments:

Tea and coffee will be provided at the venue.

Lunch is not provided - there are many shops and cafes in Wymondham town centre to purchase lunch.

Ticket Prices:

Matrix Members: £80.00

Non- Members £100.00

Booking:

Please complete the booking form and return this to Nikkita at nikkita@matrix-training.org Payment for tickets can be made by bank transfer or cheque. Details for both are on the booking form.

Places will only be confirmed when full payment is received. Acknowledgement and a receipt will be sent by email. Certificates of attendance will be provided on the day.

If you have any queries please contact Nikkita Welman nikkita@matrix-training.org
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