



Matrix College CPD Event

Transforming Relational Wounds by Miriam Taylor

Friday 22nd March 2019

Matrix College, Griffin Court Wymondham

Title: Transforming Relational Wounds: The Risk of Contact?

Many people live in or grow up in unsafe relationships which leaves an imprint on their sense of self and their way of being in the world. This impacts their ability to form a secure relationship with others, including their therapists. To this extent, it is helpful to think in terms of relational trauma. In this workshop we will be looking at some of the relational patterns that typically emerge in the therapeutic relationship. These can include some of the most challenging elements of our work as therapists, as well as the most rewarding. Firstly, we will make sense of some of the adaptations that reinforce relational difficulties into adulthood, and this thinking will be grounded in interpersonal neurobiology. Secondly, we will examine the push and pull of clients' relational needs as they present in the therapeutic relationship. Finally, we will consider effective interventions to help clients transform their relational wounds.

Miriam Taylor



Biography

Miriam Taylor is a UKCP registered Gestalt psychotherapist, supervisor and international trainer who has been in private practice since 1995. Her background was in adult education before training as a counsellor and psychotherapist. Working as clinical lead of a young people's service pointed her towards specializing in trauma, and for several years she worked in a specialist trauma service. Miriam's particular interest is in the relational integration of trauma and the role of the body. She teaches in the UK and internationally, has been a trainer, Academic Consultant and examiner for Metanoia Institute, London, and is on the Leadership

Team of Relational Change. Publications include 'Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body' published by the Open University Press in 2014.

Miriam Taylor – UKCP registered Psychotherapist. Specialist Trauma Therapy, Supervision and Training

The Venue:

Matrix College, 6 Griffin Court, Wymondham Norfolk NR18 0GU

Timings:

10.00 am to 5.30 pm

Refreshments:

Tea and coffee will be provided at the venue.

There are shops in Wymondham town centre to purchase lunch from on the day.

Ticket Prices:

Matrix Members: £90.00

Non- Members £110.00

Booking:

Please complete the booking form and return this to Nikkita at nikkita@matrix-training.org

Payment for tickets can be made by bank transfer or cheque. Details for both are on the booking form.

Places will only be confirmed when full payment is received. Acknowledgement and a receipt will be sent by email. Certificates of attendance will be provided on the day (5 hours CPD).

If you have any queries please contact Nikkita Welman

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